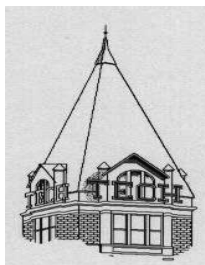


**China LBAT:CHINESE FOR
BUSINESS & TECHNOLOGY
SHANGHAI/QINGDAO 2017**



**MAY 12 – JULY 16, 2017
SHANGHAI/QINGDAO**

**School of Modern Languages
Ivan Allen College
*Georgia Institute of Technology***



Co-Directors, China LBAT 2017
Intensive Chinese Immersion Program

First 3 Weeks in Shanghai:

- **Dr. Xiaoliang Li 李晓亮**
xiaoliang.li@modlangs.gatech.edu
8617685738292
- **Mr. Chao Li 李超**
chao.li@modlangs.gatech.edu
Phone TBA

Second 3 Weeks in Shanghai:

- **Dr. Jin Liu 刘津**
jin.liu@modlangs.gatech.edu
Phone TBA
- **Mr. Chao Li 李超**

3 Weeks in Qingdao:

- **Dr. Xiaoliang Li**
- **Mr. Chao Li/Dr. Jin Liu**

Coordination Director:

- **Dr. Paul Foster 傅抱仁**
paul.foster@modlangs.gatech.edu

China LBAT 2017 Challenges 挑战

1. Push oral reports and written essays beyond minimum required
2. Speak only Chinese (beyond small definitions)
3. Make some Chinese friends
4. Revise the 2011 “book of secrets”
5. Expand restaurant suggestions to 2-3 pages
6. Try all means/levels of transportation available
7. Stay healthy the whole time
8. Learn all 32 forms of Yang style Taiji
9. Meet some “Plastic China” people
10. Find a way to express your creativity
11. 60 second video “how to cross the street”
12. "Street business Chinese" glossary
13. Make a collection of 5 representative conversations, 30-60 second videos, with 1. a Chinese friend; 2. your tutor; 3. a teacher; 4. martial arts/taiji; 5. business related practicum activity

Chinese for Business & Technology

China LBAT 2017

SHANGHAI, QINGDAO

上海 & 青岛



SCHOOL OF MODERN LANGUAGES
Ivan Allen College • Georgia Tech

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Qingdao Hotel Information:

Qingdao: June 26 – July 16

Hichief Commercial Hotel (Haiqi
Shangwu Jiudian)
16 Donghai Zhonglu, Qingdao,
Shandong, PRC
Tel: (011) 86 532 8506 8888

How to Get to Shanghai Jiaotong University from the Airport *

1. Take Taxi to the Xuhui Campus 徐汇校区
Faculty Club 教师活动中心
Shanghai Jiaotong University
1954 Huashan Rd., Shanghai, PRC
中国上海华山路1954号
上海交通大学教师活动中心
Cost: around RMB 200-250
2. Take Airport Bus Line #3 to the Xujiahui 徐家汇 stop
(~RMB 22-25). Luggage stored beneath bus. Take a taxi to the Gate on Huashan Road 华山路 (~RMB 15); or walk to the hotel (10-15 min)
3. a. Take Maglev train to end (Long Yang Rd)
b. Transfer to Subway Line 2 — Green
c. Ride to Renmin Square
d. Transfer to Subway Line 1 — Red
e. Get off at Xujiahui Station.
f. Walk 5 minutes north on Huashan Rd. to the main gate
g. Enter the main gate, turn right, walk past the old library and see the Faculty Club on the right.
4. Take Subway Line #2 from Airport, transfer to Line #9 at Century Ave, get off at Xujiahui 徐家汇, walk 5 min
5. Take Subway Line #2 from Airport, transfer to Line # 1 at People's Square, get off at Xujiahui 徐家汇 walk 5 min

* The host institution will arrange one pickup on the evening Saturday of our arrival, about 7:30pm. This info page is for use if you elect to arrive earlier or later and need to get there on your own.

IMPORTANT PROGRAM DATES

出发 入住

Friday, May 12: depart for Shanghai
Saturday, May 13: arrive in Shanghai
Saturday pm, May 13: First Official day to Check-in at Faculty Club Hotel
Sunday, May 14: 1/2 Day Shanghai Orientation Tour
Sunday, May 14: Welcome dinner
Monday, May 15: CHIN 3692 & 3693 First day of class
Thursday, May 18: Campus Tour (tentative date)

上课

Thursday, June 1: CHIN 3692 Final Exam

Monday June 5: CHIN 3691 First day of class

考试

Thursday, June 22: CHIN 3691 Final Exam

Friday, June 23: Closing Banquet in Shanghai

Saturday, June 24: Free Day

上课

Sunday, June 25: Depart Shanghai for Qingdao

Sunday, June 25: Welcome dinner in Qingdao

Monday, June 26: CHIN 3696 First day of class

考试

Thursday, July 13: CHIN 3696 Final, Presentations

Friday, July 14: Projects Due 5pm; Closing Banquet

聚餐 返美

Saturday, July 15: Qingdao to Shanghai

Sunday, July 16: Shanghai to U.S.

Shanghai Metro Map



Line 1 leaves from Shanghai Railway Station between 5:30am-11:00pm

Line 1 leaves from Xinzhuang Station between 4:30am-10:20pm

Line 2 leaves from Zhongshan Park between 5:55am-11:05pm

Line 2 leaves from Zhangjianggaoke between 05:21am-10:33pm

Buy a ticket-card at window or at the automatic machines. Place on top of magnetic reader at turnstile to enter; feed in turnstile to exit. Go learn this during non-peak periods!

请同学填写你们的手机号码:

1. Baird, Madison 白梦晨 _____
2. Berg, Andrew 柏燕竹 _____
3. Burch, Jessica 白洁希 _____
4. Everett, Alex 傅君仁 _____
5. Everett, Ethan 雷易森 _____
6. Giles, Jordan 贾丹 _____
7. Greene, Tess 林心奇 _____
8. Kim, Grace 金慈敬 _____
9. Lee, Sabrina H 李丝白 _____
10. Lennon, Gregory 雷杉 _____
11. Lodise, Olivia 奥利微 _____
12. Luo, Ross 罗斯 _____
13. Mestanza, Eduardo 麦廷思 _____
14. Ni, Michelle 董信婷 _____
15. Price, Kelly 彭可莉 _____
16. Rogers, Margaret 林利寒 _____
17. Rousseau, Amelia 陆思吟 _____
18. Sidhu, Tara 陶乐 _____
19. Staniforth, Emma 史艾玛 _____
20. Wilcox, Sarah 夏如 _____

Some Restaurant Suggestions: Explore!

- Inexpensive Lunch on Campus
- Nice and tasty restaurants all around!
- Old Shanghai 老上海 (港汇广场)
- Xinya 新雅, 南京东路719号 (6351-7788)
- City Diner: American Cuisine (not economical)
- Ajiisan Noodles: Across from Main Gate (moderate)
- 风波庄 奉贤路66号店 (Period Martial Arts Novel Theme)
- 枣子树 Jujubee Vegetarian (3 locations)
- 大娘水饺 Daniang Dumplings (very cheap)
- Din Tai Fung (moderate; Taiwanese, vegetarian friendly) 南京西路1376号 上海商城1楼, 近西康路

Emergency Numbers (紧急电话号码)

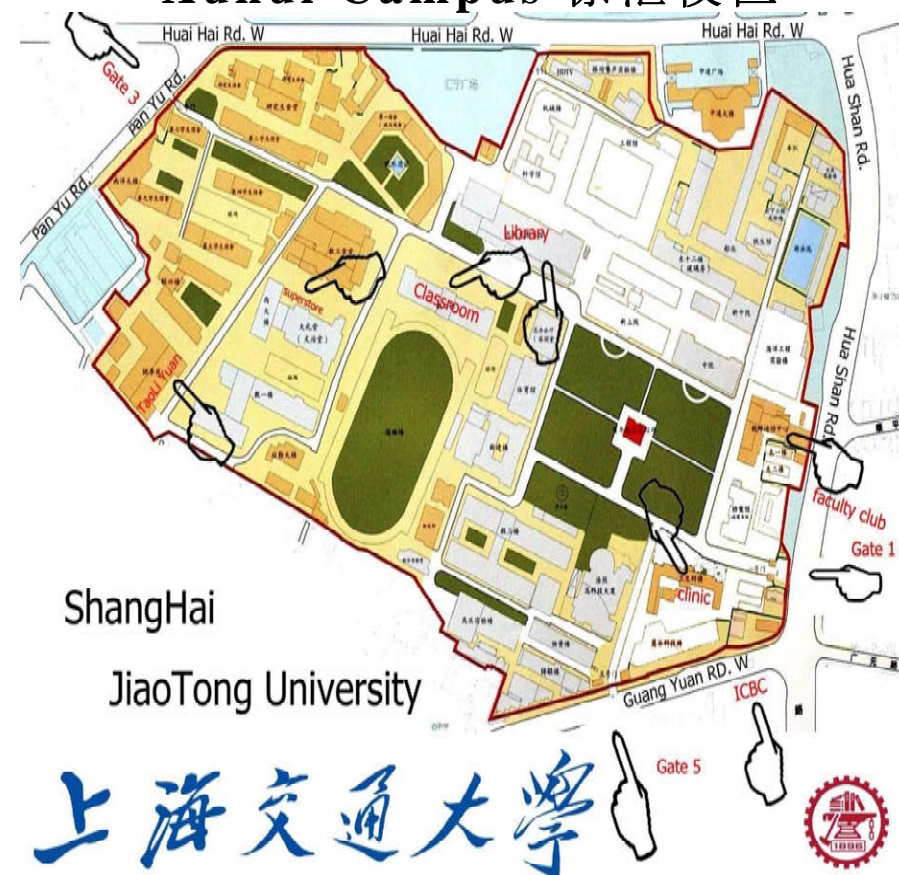
Ambulance	120
Fire	119
Police	110
Emergency Medical and Dental Center:	6279-7688
Emergency SOS 24 hour Alarm Center Hotline:	6295-0099
Dr. Xiaoliang Li Cell (wechat # wechstd3)	86-17-685738292
Mr. Chao Li Cell (wechat # aaada59)	
Dr. Jin Liu Cell (wechat # jliu819)	
Dr. Paul Foster Cell (wechat # pbf1960)	
Ms. Wuying Zhao (赵吴莹) Office for Int. Students	+86-21-62821015
GT Police	00-1-404-894-2500

**In case of general emergency, plan to meet in lobby of dorm/hotel.

Other Online Resources:

GT China Summer Program FAQs (some apply): <http://www.chinasummer.gatech.edu/faq.htm>

Shanghai Jiaotong University Map Xuhui Campus 徐汇校区



Emergency Numbers (紧急电话号码)

Ambulance	120
Fire	119
Police	110
Emergency Medical and Dental Center:	6279-7688
Emergency SOS 24 hour Alarm Center Hotline:	6295-0099
Dr. Xiaoliang Li Cell ... (wechat # wechstd3)	86-17-685738292
Mr. Chao Li Cell (wechat # aaada59) ... [fill in phone# upon update] ...	
Dr. Jin Liu Cell (wechat # jliu819) . [fill in phone# upon update]	
Dr. Paul Foster (wechat # pbf1960) l [students fill in upon update]	
Mrs. Wuying Zhao (赵吴莹) Office for Int. Students	+86-21-62821015
GT Police	001-404-894-2500

Notes

[illegible]

International Clinic of Qingdao Municipal Hospital (has psychiatric clinic) 青岛市立医院: 5 Donghai Zhong Lu, Qingdao, China. Tel: +86 532 8593-7690 ext. 2266

Note: Please call us if you are even thinking about going to the hospital. We will immediately send one of our administrators to accompany you. In almost all cases it is better to take a taxi than to try and arrange an ambulance.

Pharmacy (24 hour): Huifeng Dayaofang 汇丰大药房: 广元路224号, 华山路口; 电话: 6281-5714

SJTU Branch on Xuhui Campus, 6280-4938 (8:30-11:00 am & 12:30-5:00 pm) 交通大学邮政所 (学校内)

Xuhui Post Office: 105 Tian Yao Qiao Road, 6438-2429 (7:00 am-9:00 pm) 徐汇邮政支局: 天钥桥路105号

Eating in China & Budgeting for It, by 郝克雷 (Chris Harper, LBAT 2012)

Eight dollars a day in the Summer of 2012 was definitely enough to keep you well fed in china. If you're planning, you won't be able to indulge in multiple jasmine milk tea's every night, and you might miss out on some of the culinary experimenting. However, you won't go hungry. That sounds a bit bleak, but even on 8 dollars you can have diverse and delicious three meals a day - excluding breakfast, breakfast is almost always the same. Let me illustrate through experience.

I would eat breakfast everyday from some food stands right outside of campus for under a dollar (3-5 RMB), this usually consisted of baozi or scallion pancakes and vending machine tea. For lunch you can eat cheaply at the cafeteria, the connected restaurant, or many of the nearby restaurants. At the cafeteria connected restaurant you can get some delicious noodles and bread for around two dollars (8-12 RMB). Off campus most places range in price from around two to four dollars for an entree (12-25 RMB). The rest you can spend on dinner and/or some delicious beverages at CoCo's (seriously get the jasmine milk tea).

If you are already planning on sticking to a tight budget I would recommend you [start saving](#) any money you can spare. I am not saying this because you need a lot of money to have a good time in china (which you don't), but because every dollar you refrain from spending now will probably bring you much more enjoyment spent in China.

Laundry

Laundry in the campus: The 1st floors of Taoliyuan and Lianxing, near the No.3 gate. 桃李苑和联兴楼1层, 近三号校门。

Laundry near the campus: On Pan Yu Road, Turn left from the No.3 gate, 20 meters distance. 番禺路上, 出交大三号门左转, 前行20米。

Phone Calls (most students now use Skype instead)

Use an IP card with the telephone in your room for **international calls**.

To use IP cards, dial the IP code number (e.g. 17910, 17950, etc) and wait for a voice prompt which will say to press 2 for English. After the card number and pin have been successfully imputed, a voice will tell you your account balance. You can dial the number you wish to call after this, or you can wait to listen to various other options. For all international calls you must first dial 00, and then the country code. To call the United States, the country code is 1, and would then be followed by the area code and phone number.

IC cards can be used for **local calls** from pay phones. To use IC cards, first pick up the receiver of the public phone. You will then hear a tone, after which you can insert your IC card. Your account balance will appear on the screen in front of you. Dial the telephone number you wish to call. After you complete your call, hang up and retrieve your card. Your card will automatically deduct the cost of the call.

IP of IC phone cards are affordable and very convenient to be purchased at the Shanghai Education Superstore on Xuhui Campus (徐汇校区教育超市)

ATT, MCI, Sprint can be accessed as local calls.

ATT USA Direct: 10811; MCI: 10812; Sprint: 10813

Note: The "country code" for China is '86'. The area code for Shanghai is '21'. Dial from US with (011) preceding 86. For example, Faculty Club Desk 011+86 21 54740800. The "country code" for the US is '1'. When dialing the US with an IP card, after following the directions on the card, first dial 001 followed by the area code and number you wish to reach.

Groceries 徐汇校区教育超市

Shanghai Education Superstore on Campus. 7:30~22:30

Cell / Mobile Phones

You can probably get your cell phone unlocked in China Mobile Xu Jia Hui branch (2nd floor, No.1065 Zhao Jia Bang Road) 中国移动徐家汇营业厅（肇家浜路1065号二楼），then you can buy a Chinese phone number and use it in China. The costs are various due to different type and model, about RMB¥40-200. The mobile store close to the campus (on the corner of Huashan Rd. & Guang Yuan Rd.W), may provide the same service.

Buy One! It is now very convenient and relatively inexpensive to buy and operate mobile phones here. Total cost for a simple cheap phone is about US\$30-\$50. The phone number costs about US\$8-12 and you can add minutes by buying 100RMB recharge cards that are sold throughout the country, and most vendors will assist you adding those minutes (a good practice conversation!).

Not every cell phone can be unlocked here, so check with your provider in the US prior to departure.

Internet Access

Each room in the hotel has free broadband and WIFI internet access.

Internet Cafes: This is a good way to use the internet because you can meet people and get a more Chinese experience. There are many internet cafés in the area of campus.

No.667 Pan Yu Rd (left out of the gate 3; 2nd floor)
番禺路667号，出三号校门左转，二楼

智高点， at No.153 Guang Yuan Rd.W (near Tian Ping Rd)
广元西路153号（近天平路）

You may want to try one of these but set up a new account with gmail, yahoo, Hotmail, etc. and use this new account just for China in internet cafes to protect your info in your general account.

I suggest you use a VPN, such as Cisco Any Connect, which is commonly used at GT.

Thursday	Friday	Saturday
June 22 CHIN 3691 20 Min Tutorial between 1:30-3:30	June 23 Shanghai Closing Banquet	June 24
June 29 CHIN 3696	June 30 Hai'er Company Visit Mountain Lao-Daoism Group dinner	July 1
July 6 CHIN 3696	July 7 Qingdao Beer Museum Group dinner	July 8
July 13 CHIN 3696	July 14 CHIN 3696 Final presentations (Paper due 5:00PM) Closing Banquet	July 15 Depart to Shanghai

Sunday	Monday	Tuesday	Wednesday
June 18 Beijing Opera show at 19:15	June 19 CHIN 3691 CHIN 3693 Martial Arts: 3-4:30	June 20 CHIN 3691 20 Min Tutorial between 1:30-3:30	June 21 CHIN 3691 CHIN 3693 Taiji: 3-4:30
June 25 To Qingdao Welcome dinner	June 26 Begin Class CHIN 3696 Continue CHIN 3693 20 Min Tutorial between 1:30-3:30	June 27 CHIN 3696	June 28 CHIN 3696 CHIN 3693 20 Min Tutorial between 1:30-3:30
July 2	July 3 CHIN 3696 CHIN 3693 20 Min Tutorial between 1:30-3:30	July 4 CHIN 3696 German Governor's Mansion; Cathedral	July 5 CHIN 3696 CHIN 3693 20 Min Tutorial between 1:30-3:30
July 19	July 10 CHIN 3696 CHIN 3693 20 Min Tutorial between 1:30-3:30	July 11 CHIN 3696 Calligraphy Workshop	July 12 CHIN 3696 CHIN 3693 20 Min Tutorial between 1:30-3:30
July 16 Depart to ATL/USA			

Note: This is a tentative calendar and the schedule is subject to change.

Bank

Change some money at the airport upon arrival. Also refer to the 2011 LBAT student suggestions later in this book.

Money can be changed at the Bank of China with an official rate.

Note: Not all banks will change travelers' checks. We suggest that you ask before standing in a long line! You must have your passport with you to change travelers' checks!

Some of the larger Bank of China branches and CITIC Industrial Bank branches will give cash advances off credit cards. (Bring your passport.) Keep in mind there is a fee for cash advances, and it varies depending on your credit card company.

ATM machines that accept foreign ATM cards and dispense local currency are ubiquitous in Shanghai. However, **DO NOT put your foreign ATM card in any Chinese bank ATM machine unless it prominently displays the logos of international banking services such as Cirrus, Star, MasterCard, Visa, etc!!!** It will be eaten and it is quite an ordeal to retrieve!!!

Closest Banks to Shanghai Jiaotong University

China Construction Bank (Xu Jia Hui): 43 West Guang Yuan Road, Tel: 6407-2356

中国建设银行（徐家汇）：广元西路43号，电话：6407-2356

Note: you can use your Bank of America card at Construction Bank ATMs to withdraw money in RMB .

Industrial and Commercial Bank of China (Xu Jia Hui): 8 West Guang Yuan Road, Tel: 6447-5858

中国工商银行（徐家汇）：广元西路8号，电话：6447-5858

Bank of China: 1st Floor of Grand Gateway Mall, Tel: 6407-5134 (you can exchange currency there by showing your passport).

中国银行：港汇广场1楼，电话：6407-5134（可以通过出示护照以美元兑换人民币）（note: this location always crowded）

Transportation Inquiries

Hongqiao Airport (domestic) 虹桥机场: 6268-3659

Pudong Airport (international, PVG) 浦东机场: 9608-1388

Shanghai Railway Station 上海火车站: 6317-9090

Travel Agencies

Shanghai China International Travel Services, 1277 West Beijing Road,
Tel: 6289-8899.

上海市国际旅行社, 北京西路1277号, 电话: 6289-8899
Spring-Autumn Travel Agency, 1558 Dingxi Road, Tel: 6252-0000.

春秋旅行社, 定西路1558号, 电话: 6252-0000

Shanghai Jinjiang Tours, 191 Chengdu Lu, 6466-2828.

上海锦江旅行有限公司, 成都路191号, 电话: 6466-2828

CTrip, online agency, <http://www.English.ctrip.com> (recommended)

携程旅行网, 网址: <http://www.English.ctrip.com>

U.S. Consulate in Shanghai: 1469 Middle Huaihai Road, Tel: 6433-6880,
Fax: 6433-4122. 美国驻上海领事馆: 淮海中路1469号, 电话: 6433-6880, 传真: 6433-4122

Hours: M-F 8:30-11:30am; 1:30-3:30pm. CLOSED on Tuesday after-
noons and all day Saturday and Sunday.

时间: 周一至周五, 上午8:30-11:30, 下午1:30-3:30; 周二下午及
周六周日关闭

Tel: + 86 (21) 3217-4650 ext. 2102, 2103 or 2114, Fax: + 86 (21) 6217-2071

电话: 86 (21) 3217-4650分机: 2102, 2103或2114, 传真: + 86 (21) 6217-2071

Phone number for after hour emergencies: +86 (21) 6433-3936

紧急事件处理电话: +86 (21) 6433-3936

Again, if necessary in case of emergency you can always reach the GT Po-
lice at 001-404-894-2500 for instructions on how to proceed.

Thursday	Friday	Saturday
Dr. Foster Arrives Mr. Chao Li Arrives	May 12 Travel Insurance Starts Typical Departure day to Shanghai	May 13 Arrive Shanghai
May 18 CHIN 3692 20 Min Tutorial between 1:30-3:30	May 19 Yu Yuan Visit 1/2 Day Group dinner	May 20
May 25 CHIN 3692 20 Min Tutorial between 1:30-3:30	May 26 Bao Steel Company Visit 1/2 Day Group Dinner	May 27
June 1 CHIN 3692 20 Min Tutorial between 1:30-3:30	June 2 Volkswagon Company Visit 1/2 Day Group dinner	June 3
June 8 CHIN 3691 CHIN 3693 20 Min Tutorial between 1:30-3:30	June 9 Afternoon: 周庄 Zhou Zhuang Town Visit (or other cultural town) Full day Group dinner	June 10
June 15 CHIN 3691 20 Min Tutorial between 1:30-3:30	June 16 Acrobat Show Evening Late Afternoon Group dinner	June 17

Sunday	Monday	Tuesday	Wednesday
		Note that this schedule is for planning purposes. We will maintain flexibility to change times of activities depending on availability. 这是中国文化！	
May 14 City Tour: Shanghai Museum; World's Financial Center; Welcome Dinner	May 15 Begin Class CHIN 3692 CHIN 3693 Martial Arts: 3-4:30	May 16 CHIN 3692 20 Min Tutorial between 1:30-3:30	May 17 CHIN 3692 CHIN 3693 1:30pm SJTU Campus Tour Taiji: 3-4:30
May 21	May 22 CHIN 3692 CHIN 3693 Martial Arts: 3-4:30	May 23 CHIN 3692 20 Min Tutorial between 1:30-3:30	May 24 CHIN 3692 CHIN 3693 Taiji: 3-4:30
May 28	May 29 CHIN 3692 CHIN 3693 Martial Arts: 3-4:30	May 30 CHIN 3692 20 Min Tutorial between 1:30-3:30	May 31 CHIN 3692 CHIN 3693 Taiji: 3-4:30
June 4	June 5 Begin CHIN 3691 Continue CHIN 3693 Martial Arts: 3-4:30	June 6 CHIN 3691 20 Min Tutorial between 1:30-3:30	June 7 CHIN 3691 Taiji: 3-4:30
June 11	June 12 CHIN 3691 CHIN 3693 Martial Arts: 3-4:30	June 13 CHIN 3691 20 Min Tutorial between 1:30-3:30	June 14 CHIN 3691 CHIN 3693 Taiji: 3-4:30

Police Station: Tel: 64868911 or 110

警察局 电话：64868911 或 110

Taxi Reservation: Tel. 6258-0000 or 96822

出租车预约：6258-0000 或 96822

Purchase airline or train tickets: Call 96969. The tickets will be delivered to you.

购买火车票或飞机票，拨打96969，送票上门

Subway Information: The nearest station is under the Grand Gateway Mall (Xu Jia Hui Station, Line1). About 5 minutes walk from the main gate of SJTU.

最近的地铁站：一号线徐家汇站—港汇广场楼底

Classroom: To be announced

Bookstores:

Shanghai Book Mall, 465 Fuzhou Road, Tel: 63522222

上海书城：福州路465号，电话：63522222

(This is the place for a giant bookstore! Check it out!)

Onlybook, 3rd floor of Huigu Building, left out of the Gate 5

昂立书店：慧谷大厦3楼，五号门出门左转

Xinhua Bookstore, Grand Gateway Mall (5th floor)

新华书店：港汇广场5楼

Sports facilities:

Physical, 5th floor of Metro City. It's pretty nice, affordable and has aerobics classes (Roughly 350 RMB per month for student discount). You must bring your passport to become a member.

舒适堡：美罗城五楼

There are also basketball courts, tennis courts, track and field, standard lifting gymnasium on campus.

Shanghai Stadium is 20 minutes walk south!

“WHAT-TO-BRING” LIST FOR A SUMMER PROGRAM

(Adapted from the Georgia Tech Office of International
Education)

TAKE ON THE PLANE WITH YOU

1. ___ Passport
2. ___ Airline Tickets
3. ___ Traveler's Checks (change some money at the airport after customs)
4. ___ Money belt or neck-pouch
5. ___ Backpack or book-bag
6. ___ Tissues
7. ___ Credit and ATM cards, some U.S. Cash (suggested: maybe \$300)
8. ___ Basic toiletries: Be aware of carry-on rules limiting this
9. ___ Sunglasses
10. ___ Copy of travel itinerary (this brochure)
11. ___ Health Insurance cards

DO NOT TAKE MORE THAN YOU CAN CARRY YOURSELF!

One check in + one carry on maximum; make sure your check in has wheels!
One returning student recommended only taking a big empty suitcase and filling it for your return!

CLOTHING

It's a good idea not take more than 5 days' worth of clothing. Make sure it can be easily washed and dried. There is pay laundry service at the dorms. Take a water-proof jacket and one dress-up outfit. Some events may have dress code. One pair of walking shoes.

PERSONAL MAINTENANCE ITEMS & OTHERS

If you forgot some of these, you can buy them upon arrival. Just about everything you need can be purchased in Shanghai. You may want to bring: Toothbrush, toothpaste, shampoo, soap, deodorant, razor, comb/brush, hair spray, dental floss, washcloth, towel, any prescription drugs you might need and copies of your prescriptions, travel alarm clock (not electric), camera. A small 1st aid kit, contact lenses, eye glasses. Small calculator (money conversion), converters and adapters if you bring anything electric (220V), Tech or Atlanta memorabilia as potential gifts, travel guidebook, travel journal/diary.

Immunizations:

Consult your physician and see <http://www.cdc.gov/travel/eastasia.htm#vaccines>

Reminders

Program Fee Includes:

- Lodging
- Cultural Site Visits & Business Site Visits
- Local group transportation for Cultural/Business Sites Visits
- Cultural classes
- Tutoring
- Textbook for 3692 (you buy and bring for 3691)
- City Orientation Tour and Campus Tour
- Group Meals, welcome dinner, closing dinner
- Insurance Coverage
- One way air ticket from Shanghai to Qingdao

You Should Budget (at least):

- Independent Meals (frugal: approx. \$8/day)
- Independent Local Transportation (approximately \$150)
- Post Qingdao Transportation (approximately \$100)
- Entertainment (varies by student interest)

Air Travel Checklist:

- Re-confirm you flight (both ways) 3 days in advance ... _____
- Passport & Visa..... _____
- Ticket _____
- Some Cash and backup (ATM, credit card...) _____
- Arrive at airport 2-3 hours in advance _____
- Luggage (minimal) _____
- Patience & Humor _____



ORGANIZERS AND PARTICIPANTS

The GT Study Abroad Committee gave the program its final approval



Ivan Allen College • Georgia Tech

School of Modern Languages

SJTU School of International Education

上海交通大学国际教育学院

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Georgia Tech Faculty

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MONEY

You will need to bring money to cover expenses not covered by the program, such as most meals, independent travel on taxis and the metro, and laundry. You will also need money to send letters, postcards, buy souvenirs, and for entertainment. A frugal traveler can get by on \$8 per day for meals if you eat Chinese food exclusively, but dining at Western restaurants is significantly more expensive. It would be nice to be able to bring around \$100/week depending on your budget and your spending habits (you should be able to get by on less and still have a wonderful time). The exchange rate is about 6.2 RMB: \$1.00. Exchange money at the Airport when you arrive! Make sure to bring some cash to exchange if you arrive late afternoon or in the evening after the airport banks close (and you only have the quick exchange offices at the airport).

Credit Cards are gradually getting more widespread. Travelers checks are the best way to get cash but you'll have to stand in line, and in an emergency you can get a cash advance on your credit card at the Bank of China.

ADVICE

You are representing your country and you should be proud of where you are from without attracting any negative attention to yourself. You are also a guest in the countries you are visiting, so behave the way you would as a well mannered guest. Be extremely polite and respectful, people like it. Sometimes patience is necessary. You may experience feelings of stress and frustration and even homesickness; this is normal when you are in a foreign country for an extended period of time. Talk to your directors if you have any problems.

Safety is #1. Do not leave anyone alone in your independent activities at night. Make sure to get everyone back safely!

Be cautious when you meet someone, not everyone has good intentions. Beware of pick pockets in major cities. Do not carry a backpack on your back in crowded places (metro, busy streets...). Keep it secured in trains. Try to travel in pairs to watch out for each other. Do not keep all your travel documents in the same place. You should carry a copy of your passport at all times separate from other documents. Be aware of your surroundings at all times. If you feel uncomfortable, play it safe and turn around. Avoid confrontations or altercations.

BAD BEHAVIOR

Same rules as on GT campus. Violation of LBAT Program Rules (the document you signed) and GT Rules (refer to your mandatory OIE orientation) may result in your removal from the program and repatriation to the US at your expense.

In addition, please avoid obnoxious behavior. Some examples of unacceptable behavior would be to scream, to speak loudly or to play your music loudly in a public place, to litter, to spit, to smoke in a forbidden area (you will see some people doing it, just don't do it yourself).

2011 Alumni Book of Secrets

Thanks to LBAT 2011 alumni we can include these additional items in our brochure! Disclaimer: some items may have already changed in China's fast moving development! See the blue font!

Getting Ready to Leave

This section is an abbreviation of what to bring and what not to bring. You can find a full, packing checklist in the back of this guide.

Medicine: (note: we are not physicians, so consult your PCP before departure!)

Before you leave, ensure that you have packed an adequate amount of medication for the duration of your stay. It will be next to impossible to find western medicine in China, so it is imperative that you have ALL of your prescriptions and daily use OTC drugs. The following is a list of recommended OTC drugs to bring with you.

Tylenol (1 bottle)
Pepto-Bismol (chewables, 60 Tablets)
Imodium (1 bottle)
Nyquil (1 bottle)
Claritin (1 package)

Should you run out of these abroad, or require additional medication, the local Chinese Medicine is an option. There are many Chinese Medicine Pharmacies in Shanghai, and almost all of them are indicated by a green cross. Bring someone who has a very good grasp on the language, ideally a native speaker, as much of the vocabulary you'll need is specific and not common use. In past experiences, the local medicine is effective at treating minor ailments and symptoms such as cold, flue, nausea, diarrhea, or gastro-intestinal distress. Should you have an open wound, wash and sterilize it immediately. A bacterial infection such as Staph is very serious, and you should go to a hospital if you begin to develop symptoms. If you aren't sure, always ask one of the professors; they are very experienced and will be able to help you get the assistance you need.

Emergency

It's always a wise idea to remain as vigilant as possible at all times during the LBAT trip. Unpredictable situations can and may occur at anytime;





therefore, having extra funds for an emergency taxi, bus, or subway ride can be extremely helpful, if not life saving. **Suggested Amount: 50 Minimum at All Times**

Spending

Experiencing a new country's culture will always be a memorable experience, and some of the best ways to capture those experiences include buying souvenirs, attending cultural performances, visiting historical landmarks/museums, etc. For the most part, all of these activities will more than likely make-up almost a third, if not half for some, in spending. Although haggling will greatly reduce the cost of spending, the costs do add up to a surprisingly impressive amount. Without proper budget maintenance, surviving the last couple weeks of the trip will be difficult. **Suggested Amount: 400-500 US Dollars, Relative to Individual's Preferences**

Money

Money is an important issue throughout the entire LBAT trip; therefore, it is crucial to at least have a solid plan before diving in the world of China. It is always a good idea to have 3 kinds of monies: Necessities, Spending, and Emergency. **Notify your bank before departure!**

Necessities (Part I)

Eating is a popular activity in the city of Shanghai. Whether it is trying new cuisine, or tasting some local treats, eating will be one of the primary areas of spending. All materials and foods are relatively less expensive than in comparison to the United States. Even so, eating out and occasional grocery buying will eventually take a toll on the wallet, especially halfway to the tail-end of the LBAT experience. ***Suggested Amount: 200 US Dollars***

Necessities (Part II):

When you arrive in your dorms, you will quickly realize that you will probably have to buy several items that would have to do with your day-to-day use. These items include, but not limited to:

1. shampoo/conditioner
2. body soap
3. toilet paper
4. tissues
5. bugspray
6. lotion
7. detergent
8. toothbrush/toothpaste

What to Bring

Whether you are a jet-setter or leaving the U.S. for the first time, you're sure to make some mistake in packing your bags. To make sure you don't forget some essentials, we've made a list of items you'll want to remember to bring.

Carry-on

Documents

It should be a given that you'll need your passport, visa, and plane ticket in your carry-on; however, you should also travel with photocopies of all three, as well as a copy of your birth certificate. These documents are going to prove crucial in the event that you happen to be that one student who loses their passport (don't be *that* student...). You will also be required to give a photocopy of your passport to the resident hall administrator at SJTU, so you might as well resign yourself to bringing it with you.

Medications

You know what sucks? Not remembering that you foolishly packed the Pepto in your checked bag until your two hours in to your eighteen hour flight with a hellish stomach ache. Save yourself the embarrassment/discomfort, and remember that taking medicine with you is pointless if you can't access it. If you have any prescription medicines, you will need to carry them in your carry-on in their original containers with a letter from your doctor authorizing you to have them. More than likely, no one is going to ask you about your pills—but it never hurts to be prepared.

Light, travel-sized toiletries

Even if you manage to book a super snazzy flight that is direct and only requires one day of travel, you're still going to want to brush your teeth (well, we hope so, at least). Put any travel-sized toiletries that you'll want on hand (such as deodorant and toothpaste) in a clear, plastic bag for the security check (TSA required: www.tsa.gov/311). Ladies, if the liquid make-up/perfume is more than three ounces, it'll have to go in a checked bag or be left at home.

Electronics

Don't be a noob. Electronics are like puppies. You wouldn't put your puppies in a checked bag that disappears on a conveyor belt into a mysterious hole, would you? We thought not. All of your valuable electronics should stay with you in your carry-on. 'nuff said.

Sprinkles of Sunshine

Packing List

Carry-on

- ___ Snack and water bottle (purchased or filled up after security checkpoint)
- ___ Ticket and Passport
- ___ Debit card and currency
- ___ Toothbrush and small toothpaste
- ___ Small deodorant
- ___ Make-up (non-liquid)
- ___ *Light* rain jacket/slicker
- ___ Change of clothes
- ___ Camera
- ___ Laptop

Medications

- ___ Tums
- ___ Pepto
- ___ Prescriptions

Documents

- ___ Visa photocopy
- ___ Passport photocopy
- ___ Birth Certificate copy
- ___ This Survival Guide!
- ___ Note from your Doctor authorizing your prescription

Distractions!

- ___ Music, Book/E-reader, Videos, Homework, etc.

Checked bag

- ___ Micro towel
- ___ Deodorant
- ___ Feminine hygiene products
- ___ Walking shoes
- ___ Dress shoes
- ___ Versatile clothes (tanks, t-shirts, and articles that can be layered or worn separately)
- ___ Plastic, grocery bags

portant to play hardball on the streets, but also keep in mind that the livelihood of a vendor is also difficult and they are just trying to make a living.

Exploring Shanghai

Between studying for classes, going on field trips, and having awesome suits tailor-made, we want to be sure you don't miss out on doing some independent exploring of all things Shanghai. Below, we list some attractions within the Xujiahui district as well as other famous attractions in the greater Shanghai area. If you leave Shanghai without going to at least some of these, then you will not have really explored Shanghai.

Sun Yat-sen's Former Residence
 Zhou Enlai's Former Residence
 Song Qingling's Former Residence
 Site of the First National Congress of CPC
 Fuxing Park
 Longhua Martyrs' Cemetery
 Longhua Temple and Pagoda
 Oriental Pearl TV Tower
 Shanghai Bund
 Yuyuan Garden: Construction started in 1559
 Jin Mao Tower
 Gongqing Forest Park
 Shanghai Wild Animal Park
 Shanghai Grand Theatre
 Qibao Ancient Town
 Acrobats
 Opera

Foster's Additions:

- Lu Xun Museum 鲁迅博物馆
- Nanjing East Road Shopping /Walking Tour 南京东路
- Shanghai Stadium

We aren't sure if anyone told you, yet, but China is very far away. In fact, it will take you a *minimum* of eighteen hours to get there. True story. So, protect your sanity by bringing distractions—music, movies, books, writing journals, Chinese homework—anything to drag your mind away from the slow passage of time aboard the confined, packed space of an airplane.

Checked

Deodorant

You will be hard-pressed to find deodorant while in China. If and when you finally manage to, it will be roll-on deodorant. Not even the imported goods store a block away from the school had deodorant. It is a scientific fact that Asians have much fewer pores; meaning that they not only have few acne problems, but also secrete less sweat. Therefore, it is not so surprising that there is relatively no deodorant market in Shanghai. If you are not Asian and use deodorant, *make sure you pack enough!!*

Feminine Hygiene Products

Boys, kindly skip this section. Ladies, as we well know, the need for feminine hygiene products is universal. However, if you have a particular brand or style preference in your product selection, bring it with you.

Router

A router isn't necessary, as you'll have Ethernet ports in your room that you will have to connect to (Ethernet cords can be found at the school store) and as you can buy a router there if you desire. However, a student brought his on the trip, and it was quite convenient for several of us to gather in his dorm room without being limited to the standard two Ethernet ports available.

Plastic Bags

I know, I know. You're wondering why on earth you should bring grocery bags across the world. Trust me, you'll find a use for them. I packed several grocery bags in my suitcase and managed to burn through them all by using them in our dorm room trash can and for wet close and toiletries. Funny enough, I ran out during the trip and wished that I had packed more. These are light and don't take up space in your suitcase.

What NOT to Bring

Luggage fees are no fun. Period. Save your wallet the separation anxiety and pack light! To help you with this, we've made a list of things you shouldn't bring.

Linens (sheets, towels, etc.)

Yes, you will prefer your own sheets to the ones provided to you at the dorm; however, the dorm twin beds are sized differently than twin beds in the states. For this reason, you should wait till you arrive to buy bed linens. You should also wait till you arrive to buy them because they take up needed space in your suitcase, and you won't be bringing them back with you. This same logic applies to towels and shower shoes: if you aren't going to take it back to the US. with you, then wait till you arrive in China to purchase it. *(There is an Ikea in Shanghai, after all...)*

Umbrella/Rain boots

Again, these will only take up space in your suitcase and can be easily and cheaply purchased upon arrival.

ADAPTER CONVERTER

No, no, no. You will not use that four-pound adapter-converter that you are itching to pack. Aside from your hair dryer, your electronics should not need a converter; as for adapter heads, most outlets in major cities in China are designed for different plug heads (if only we were so accommodating in the U.S...). Moral of the story? Leave the converter at home and buy a hairdryer in China. You can get a really good, lightweight one for around fifteen dollars.

Excessive toiletries!

These are bulky and messy. You can find these in Shanghai. Unless you have any particular quirks or needs, reserve that space in your suitcase for something else. It sucks to clean body wash out of your suitcase.

School Supplies

You'll be able to purchase these on campus.

first rule of thumb before becoming experienced yourself is to take a local with you to ensure you are not taking advantage of by vendors at marketplaces. The crux of the problem comes from the idea that the majority of these vendors automatically correlate a foreigner with wealth. Therefore, in their eyes, you are a walking bank ready to spend your money on merchandise that may be overpriced two times the normal amount that may seem "cheap" to you because everything is relatively cheaper in China.

2. While learning how to bargain, it is important to remember to *not* be afraid to be aggressive in the politest way possible. How is this done? Well, do not let a vendor's charm fool you, instead, focus on sticking to your named price, and remember, unless you are buying from a chain store you will not have to worry about not finding the same item in another store because all market vendors of the same trade carry similar items. For example, if you are shopping in a street market and come across a vendor that is selling souvenir-like items, expect to find another vendor with similar wears a few vendors down the same street. On that same note, good vendors are aware of this, which also plays in your favor to get the price you would like to purchase your item.
3. Probably one of the most difficult skills to become experienced at when haggling, is maintaining an appropriate demeanor. It is always a good idea to establish a price you would pay for in your own mind before walking into a vendor's shop. The worst action to commit before and during haggling, is to let the vendor think you are inexperienced and easily swayed. Now, of course you may be ripped off on your first few or several independent excursions, but you will quickly get the hang of it when you realize how easy it is to spend your money in China. When haggling, there are several excuses that will greatly help you in lowering a vendor's price:
 4. Stress that you are a college student and you have little cash to spend
 5. Say you are buying a gift for someone and you really like the vendor's wares, but it is too expensive and you *really* regret in having to leave
 6. Mention that you are shopping for a girlfriend or boyfriend and try to play on their sympathies in that you have little money

Frankly, almost any excuse that will make you sound poorer than you really are will help you in finding better prices. This may seem slightly cut-throat or stretching the truth, but remember, Chinese merchants are experienced hagglers and do not really have a great deal of sympathy for the average buyer. Despite this, my father had always told me that the best scenario is leaving a shop with both the vendor and customer satisfied. It may be im-

hai without visiting these places:

Shanghai South Bund Soft-Spinning Material Market (南外滩轻纺面料市场)

陆家浜路399号, 近南仓街

399 Lujiabang Rd., near Nancang Street

This is where you will go to have all of your clothes made for great prices.

They make everything from jeans to trench coats to business attire.

Shanghai Yu Yuan Souvenir Center (上海豫园)

中国上海市黄浦区安仁街13号

13 Anren Road, Huangpu District, Shanghai, China

This is where you will go for trinkets and souvenirs.

Shanghai Pudong A.P. Plaza - Metro station South Square (上海浦东亚太盛汇休闲购物商城 - 地铁商城)

上海浦东新区世纪大道2002号

2002 Century Ave. Pudong, Shanghai

This is where you will go for “designer” goods at shockingly low prices.

Qipu Lu (七浦路)

七浦路168号, 近河南北路

168 Qipu Lu, near Henan Bei Lu

“Cheap Street” is where you go for obvious knock-off goods and individual vendors. This has been one of the most iconic locations associated with Shanghai; however, the government has declared that it will be transformed into an upscale mall for domestic brands. The timeframe for this transformation is yet unknown.

可是我不是外国人！

No one wants to look like a fish out of water when traveling abroad. To help you blend in, we're going to brief you on haggling, buying a phone, and general Shanghai mannerisms.

Haggling 讨价还价

1. Haggling is considered an art and takes a great deal of practice. The

Campus Life

Laundry

Laundry is a relatively easy process as long as you know where to go, and how you want your clothes to be washed and dried. When going to the laundromat, you have two choices in which to have your clothes cleaned. The first is to do it yourself by paying the lady who works the laundromat, and using the machine. The second option is much easier, which only requires you to drop off your laundry, pay the lady approximately 20 RMB, and providing the detergent. Most students chose the second option, because it is much more convenient. Furthermore, the lady is even kind enough to fold your clothes for you and pack it back into the bag or container you had used to bring your clothes in the first place.

As for more delicate materials, it is common for students to hand wash those on your own by buying detergent that looks like a bar of soap and a plastic bin. It may seem tedious, but in reality, it will save your more delicate clothes. Moreover, although the laundry machines are efficient, they are not the newest washer machines, and most students do not risk their clothes being ruined by water in the wrong temperature or harsh detergents.

Internet Access

Getting Started:

When you arrive at the University, one of the first things you will probably do is try to set up your Internet connection. Each room is assigned two IP addresses; one for each jack. You should have either a card or a document with two IP addresses, Subnet mask, Default gateway, and DNS servers. In order to function on their system, you need to set up a static IP on your computer. The following are directions on how to do it on both the Windows and Mac platforms.

Windows

1. Click Start > Network and Internet > Network and Sharing Center > Change adapter settings (located on the left side of the window)
2. Right click Local Area Connection and select Properties
3. Left click on Internet Protocol Version 4(TCP/IPv4) and select Properties
4. Select “Use the following IP address” and enter in the network information given to you.

5. Click OK, then Click Close

Mac (also creating a profile for ease of switching)

1. Click System Preferences > Network
2. Select Ethernet from the left side of the window
3. Up at the top, select the drop down box labeled “Locations:”
4. Select “Edit Locations...” click the plus sign, name the new profile something you can remember, such as your room number and then click Done
5. Select the drop down box labeled “Configure IPv4:” and choose manually
6. Enter all the information given to you. NOTE: “Default Gateway” and the field labeled “Router” are the same thing.
7. Click Apply

A NOTE FOR ADVANCED USERS:

If you are having difficulty setting up another individual's Internet connection, check the following things: The Ethernet chord's functionality, the Ethernet jack's functionality, the network adapter's status, and whether there is actually a connection, or if the DNS servers are not being resolved.

Setting up the VPN:

A short description of what a VPN is and what is VPN does is necessary in understanding the setup and use. A VPN, or Virtual Peer Network, is a network that allows users to securely connect and access a network from a remote location. In this case, you will be connecting from the university in China to Georgia Tech. Once you have connected to the VPN, your connection is essentially routed through Georgia Tech, as if you were located on the Georgia Tech Campus. This will allow you to access anything you would normally have access to, such as Facebook or Youtube. It also ensures that your network traffic is encrypted between you and Tech, so you should be fine accessing school related sites such as T-Square or OSCAR. Realize that while you are using the VPN, you are bound by the Georgia Tech's Terms of Use. There are multiple clients for the different platforms, however the instructions for setup on the OIT website are clear and concise. Go to the following URL and follow the instructions, the installers handle nearly everything for you. <http://www.oit.gatech.edu/service/vpn/getting-started>

A NOTE FOR ADVANCED USERS:

If the server address you are connecting to is slow or failing to connect, try

standardized service fee, this is a better option than hard cash exchange.

Exchanging Money

To the uninformed, exchanging money at a Chinese bank can be nerve wracking. There are four large state-owned banks, the China Construction Bank, the Agricultural Bank of China, the Bank of China, and the Industrial and Commercial Bank of China. These four banks all have the same requirements for exchanging money, and most branches in Shanghai have at least one English speaking clerk. In order to exchange your money, you will need to bring your passport with your valid visa, as well as the cash you plan on exchanging. Normally when you enter the bank, there will be a kiosk where you can select the currency exchange option. It will print out a receipt with your number in line. Sit down in any of the seats, and wait for your number to be called or to be displayed on one of the boards above the teller. Once seated, the teller will work with you to exchange your money. Most of the banks will not accept and return bills that are at all ripped or defaced, which at times can leave you with less RMB than you expected, so plan ahead. Expect to spend between 10-30 minutes in the bank for exchange services. Banks in Qingdao will be slightly different, as many times the exchange services are done in a separate room. They will likely not speak any English, so brush up on your banking vocabulary before attempting to exchange money. If you find yourself in a bind, sometimes the best strategy is to smile and revert to basic vocabulary with hand motions.

Shopping!

Xujiahui

These malls are all located next to each other, a few blocks up from the school. You can easily walk to these and shop to your heart's content.

Metro City (美罗城)

This is an epic electronics mall with an amazing food court located on the top floor.

Grand Gateway Plaza (港汇广场)

This is an infamously huge mall with a grocery store in the basement

Orient shopping Centre (东方商厦)

Pacific Department Store (太平洋百货商场)

Pacific Digital Plaza (太平洋数码广场)

Huijin Department Store (汇金百货)

Hot Spots

Don't waste too much money at the malls – the real places where you should be spending your money are below. (Warning: haggling is mandatory at ALL of the following locations.) You can't say you've been to Shang-

guide to train travel in China. To learn about train types and purchasing tickets, go to <http://www.seat61.com/China.htm>.

Busses

With such a well-connected rail system, there isn't much need to travel Shanghai by bus. In fact, we didn't. However, in smaller cities like Qindao and Beijing, you will find bus travel necessary. Again, we could guide you through using the busses step-by-step, but Micah Sittig has already done a much better job of it. Check out his step-by-step guide at <http://msittig.wubi.org/bus/talk/>. Then, you can check out his comprehensive listing of busses and bus stops in Shanghai at <http://msittig.wubi.org/bus/>.

Financial Management

This section will guide you through banking and shopping, which you'll probably be doing nearly as much as studying.

Extracting Money

Trustworthy Banks

Contrary to popular belief (i.e., American stereotype), there are many safe banking options in China. Here is a list of certified and safe banks that we each used on multiple occasions: **International Construction Bank of China (ICBC), Bank of Shanghai, Bank of China, and Chinese Agricultural Bank**. There is a Bank of Shanghai directly outside the school gate closest to the dormitory. Beyond the main gate, you will find one of each of these banks on practically every corner.

Withdrawing Money

There are two main ways to access your money in China. You can bring cash and exchange it directly at any of the banks above; or (my preference) you can simply withdrawal your money in Yuan directly by using the ATM machines at any of these banks. This is the most convenient method. As long as your debit card is backed by Visa or MasterCard, you won't have any problems. If your debit card is backed by American Express, you may have difficulty finding stores and ATMs that will accept them. When using the ATM, make sure you put your withdrawal amount in Yuan, not dollars. (If you pull out "100," you're going to get 100 *Yuan*, which comes out to around 15 Dollars. Kind of a waste of a withdrawal, right?). While there is no transaction fee for using your debit card, there is a service charge of approximately less than 1% on your withdrawal. This is standard for the use of an international network between banks. This is also more standardized than the fee for exchanging hard cash, which varies depending on the vendor. Given the convenience and the

changing the number in the address. For example, If you cannot connect to ipsec.vpn.gatech.edu or ipsec1.vpn.gatech.edu, try using ipsec2.vpn.gatech.edu.

Internet Safety:

While utilizing the local Internet and not connected to the VPN, you may be vulnerable to Chinese viruses and hackers. The best course of action is prevention, by conducting yourself in a careful manner on the Internet. Don't join untrusted networks or visit questionable Chinese websites. If you have sensitive data on your computer, you should back it up before leaving and remove it from your laptop. One drastic strategy utilized by some businesses is to create a separate partition which they use for traveling, and then wipe it before connecting back to their corporate network. Free Antivirus software can be downloaded from the OIT website, but realize that your Antivirus software is essentially your last line of defense, and can sometime prove ineffective.

Chinese Medicine

Note: We are not physicians, so consult your primary care physician (PCP) with regard to recommendations. Here are some observations from student experience. Basic pharmaceutical medicine can be found quite conveniently in the city of Shanghai and its surrounding districts. These medicinal stores usually resemble the medicine ails in a typical CVS store. They are designated with a green plus sign and are usually located along major streets.

How safe are these medicines? Chinese medicine is relatively safe in that the ingredients are herb-based; therefore, the primary risk of a bad reaction to a medicine is if you already are aware of your allergies for certain foods. Along with herbal-based medicines, these pharmacies also contain medicines that work just as well as Advil, Pepto-Bismol, and other common ailments. Something that seems to be unique about Chinese medicine is the fact that Chinese pharmacists like to carry medicines that deal with only one particular symptom. All this means is that if an individual is experiencing a headache and nausea at the same time, he or she would more than likely have to buy two different kinds of medicines to treat those symptoms. The cost of these medicines are relatively inexpensive in comparison to the cost in the United States. For example, a student had purchased an acne cream that was prescription strength, cost a fraction of what it would be in the

United States (plus no copay), and has been working (she is still using it) better than anything else she has ever used for a prescription, over-the-counter medicine.

Transportation

Did you know that China is a big place? Yeah, it is. Shanghai itself is no different. Unlike Atlanta, you won't always be able to travel by foot. In fact, getting from the airport to the university is about a 45 minute drive. You are going to need to become familiar with your transportation options in Shanghai and other areas of China. This section will familiarize you with taxis, subways, trains, and busses, and how to navigate them—all while staying streetwise.

Taxi

Taxi Awesomeness - Taxis are available in nearly all districts in Shanghai and they are one of the most common forms of transportation for native Shanghai citizens and visitors alike. In comparison to the taxis here in the United States, taxis in Shanghai are much cheaper in that a single ride will cost about half as much in the United States. The availability of taxis make transportation extremely convenient and affordable. Although the most preferable forms of transportation are walking and the subway system, taxis are a fantastic option when a location is not within walking distance or near a subway station.

- *How to Call a Taxi*

When hailing a taxi, it's usually a wise choice to stand near a major intersection of a street or along streets with many restaurants. Sidewalks that are usually heavy with pedestrians are also a good place to look for taxis. It is usually not advisable to actually be at the intersection because taxis do not usually have an area to park and pick up their passengers. Almost all taxis in Shanghai have a sign on the roofs of their car that lights up when it is available, and is unlit when he or she already has a passenger. Many taxi drivers also have business cards to hand out to their passengers. If there happens to a taxi driver that seems particularly fantastic, it is a good idea to take a business card. The reason being is, if a taxi ride is ever required, then the passenger can just call the number and arrange a time for the pick-up if the driver is in the area. This can save a great deal when an emergency arises or just for the sake of convenience.

- *The Seat-belt Issue*

Unfortunately, it is common in Asian countries to lack seatbelts in public vehicles, including taxis. The best way to remain safe during a taxi ride is to always wear a seat-belt when sitting in the passenger sit up in the front of the car. Experiencing a taxi ride for the first time in Shanghai can be a frightening. Despite this, in light of how the culture is in Shanghai, riding a taxi will quickly become second-nature.

Subway Daze

The Metro system in China is one of the city's most useful features. You can use it to get to nearly anywhere within Shanghai. It is likely you will use the system extensively, so a basic understanding of its layout and use is essential. You can buy a ticket at many of the kiosks, however they require that you be specific with your destination. The most convenient method is the metro card that you can purchase from one of the many help desks. Most of the time, they do not speak English, so come prepared to converse in Chinese! 50 to 100 Yuan should be sufficient for the entire duration you will be staying in Shanghai, primarily depending on how much you plan on traveling. It is best to think of each station as having two parts: The station itself, and its terminals. Once you tap your card or ticket, you will be within the terminal. If you exit the terminal without boarding a train, you may be charged. Normally, each terminal will have between 1 and 4 lines within it, which are normally indicated by overhead signs, however a few stations have multiple terminals that are not connected. While these terminals are few, it is advised you pay attention to the overhead signs. Within both the station and its terminals, are multicolored metro maps. If you find one in Chinese, chances are the opposite side has English. There are two nearby stations, the Jiao Tong University Station, which travels line 10, and Xujiahui, which travels line 1 and 9. It is possible the Jiao Tong University Station will also service line 11 when you arrive, however it is currently not complete. Attached in the back of this booklet is a metro map, which will be incredibly useful and convenient.

Trains

Trains are the best way to explore China and converse with Chinese from various regions. If you don't take a train before leaving China, you'll be shorting yourself a grand adventure. To purchase your train tickets, you'll have to go to either a train station or a ticketing office. If you purchase your tickets online, you will be price-gouged. (You have been warned!) There are four types of seating available on trains: hard sleeper, soft sleeper, hard seat, and soft seat. We recommend the hard sleeper on overnight trips. The soft sleepers are four beds in a private room. The hard sleepers are six beds with open access to the corridor. The soft sleeper isolates you from getting to know the locals, while the hard sleeper allows you to socialize, play games, and make new friends. We could tell you more about traveling by train, but Seat 61 has already done a superb job of it. Seat 61 is the ultimate online